

Create a dent in the sky

Kuldeep at your mailbox

Power of peer learning

The success of social media is not because of unwanted, meaningless but entertaining stuff which reaches you in an unwarranted manner. Rather it is because we voluntarily seek to learn a lot from our peers on a constant basis.



3 lessons I learnt from my peers in last one year

This year happened to be one of the most happening year in my life. I travelled across 10 countries for more than 20 times in this year and thus was away from home for more than 3 months. This period does not include another a month and a half which I spent out of home for my domestic tours. Every one at home and in the family just stopped believing that I would be available on their birthdays, annual functions or anniversary. As usual I entered into sleep mode on December 24th for my annual vacation and I better thought to introspect myself on this part of life. I started to look around at my friends who are traveling much more than me and have been maintaining a much better work life balance. Let me share my learning from my peers on how they have been managing their schedule, work, life and family so well.

Lesson 1 : Be practical : Fall back on concepts bringing paradigm shifts

Our existing knowledge is the biggest constraint we live with. Our experience is the reason for us not taking risk on available and emerging opportunities. Whatever we are believing to be the reason for our success today is also the reason for us not to be ultra successful. Whichever measures we are using today to assess stability of our organization are obsolete to the tune of extinction. These wrong assumptions and theories become the reason for us to have a jumbled schedule and an unending series of tours, travels, meeting without taking out time for family, vacation and personal grooming. One of my very good friend who happens to be my role model and a mentor too brought paradigm shift to his lifestyle by applying Theories of constraints by Goldratt to his organization.

3 Quotes

- 1 “Distracted from distraction by distraction” .. T.S Elliot
- 2 “ You are what you share “ ..Charles W. Leadbeater
- 3 “If you can’t post it on social media do not send it in an email “ .. Netiquette



Nothing shared in this document could be considered as a perfect formula to a successful and peaceful life but may be considered as a sweet dish being shared by a friend next door.

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Just a book by the name of “The Goal” by Goldratt changed his way of thinking about the business as well as about the hard numbers capable of bringing radical change within the organization. He shifted his focus from Net profit, ROI and IRR to throughput, inventory levels and operational expenses. Now by continuously identifying constraints, keeping them at top, subordinating them and later removing them or converting them into an enabler has made his task much easier. His flight is on Auto mode and he has been converting his topline as bottom line every 4 years. The old paradigm of profits is gone and a new paradigm of throughput has come in.

Lesson 2 : Loving your style of delivering the work is a venomous serpent

Most entrepreneurs are infected with a deadly disease of “ I do it the best “. Then why have you kept the team ? If you do not trust your team or you doubt their abilities or you think that you can not train them to deliver then why at the first place are you maintaining that team ? My another friend philosopher and guide showed me the way he trusts his team and their capabilities. He simply asks 3 questions to his team member before delegating any task : a. Can you do it ? b. How will you do it ? c. By when you will do it ? he makes any correction if required at any stage and later his job is just to follow up on the due date. What a way to enroll, engage, encourage and empower others. It is a myth that you do the best. Here is a rapid test to evaluate if you have right to think so :

Have you spend on an average of 2.66 hours per day for last ten years on the job which you feel yourself to be the best or a master ? If not then you are wrong ; if yes then you are a domain guru and now the time has come for you to enlighten others rather than doing it on your own. Start developing your successor.

Lesson 3 : Distracting from distraction

At last I would like to share the experience of one of my very close friend and a business partner on certain research project . He is one of the well informed person and you may find him engaged on his phone for mails and all sorts of apps most of the times .Though he manages to complete his tasks at last hour but still almost every time he is just on time. On probing further I found that he is following one of very effective tool of time management i.e Distraction free hour. My mentor Robin Sharma calls it as STB or strategic time blocking. Every eleven minute we check our phone for a message, whatsapp or mail (at times for missed call also if any). It takes us nearly 10 times more time to reach back to same level of concentration at work which we spent on our distraction.

Now by blocking our time from project to project leads us to our way of accomplishing the task in time. We may keep our mobile away. Put the wifi off and just focus on the task at hand . A 90 minute strategic time block per day is sufficient enough even to complete a national strategy on any sector in one month if you intend to do so.

I would like to share my personal experience in this regard. Since last four-five years I have been enjoying life without TV, Facebook, Whatsapp and only exploring twitter and linkedin. I have also been practicing concept of strategic time block and most of the times get my phone forwarded to my secretariat.

Believe you me, it has made a lot of difference. On one hand at office my capacity to perform has improved while on the other hand at home the communication among all my family members has improved significantly in the absence of a TV.

At the end I would like to wish you all a happy, prosperous, purposeful, healthy, peaceful ,eventful, rewarding new year ahead.

2016 Resolution#1 “To spend one hour a day in non-stimulation” ☺

You may contact me at the following coordinates

Feel free to come over for a cup of tea at my office and share all your achievements and journey in life.

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“I will be waiting for your own sharing of lessons, journey or just anything”