

Create a dent in the sky

Kuldeep at your mailbox

Power of language

Our language is not an outcome of the way things are happening around us . The way things are happening around us is rather an outcome of the language we use.



3 lessons in last 4 years

Since 2010 , there has been a lot of change in my life. These changes have less to do with growth, ownerships, market share, gain in knowledge but more to do the way I have begun looking at life . Rest all are just the by products of certain processes religiously followed up.

I thought to share my learning with all of you lovely personalities on my network. We have been together for so many years now but with limited exchange of communication and sharing of the journey we have traversed so far. We all are the reason for our current state of existence.

Life is less about goals and success but more about purposeful coincidences which we normally miss out normally by being part of a big chaos better known as professional rat race.

Lesson 1 : Success is your responsibility

Normally success is treated as a part of our external environment and we keep on searching for it somewhere else. We bank on so many external variables to be responsible for our success. A few of us also believe too much of success as a taboo while the other consider it to be linked to destiny.

3 Quotes

- 1 We are not chemicals..
So ,we can think before reacting..
- 2 Success is moving from failure to failure with no loss of enthusiasm
- 3 Discussion is an exchange of knowledge.
Argument is exchange of ignorance



Nothing shared in this document could be considered as a perfect formula to a successful and peaceful life but may be considered as a sweet dish being shared by a friend next door.

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The first lesson I would like to share is that success is our responsibility like all other areas like education, family, career, society, country, religion etc. We have to consider success and ultra success as our own choice and to act responsibly with our actions and decisions so as to gain the success of our choice. No one else could make you successful, neither your boss nor your client. You are not at the mercy of anyone else to get the success you dream and deserve. Your success is also not an outcome of economic environment or market dynamics. Inability of a person or company to not to perform during so called economic depression has more to do with the complacency and inability of the target to be proactive and success orientation. So next time you think of your responsibilities then make a grand successful life also integral part of the list.

Lesson 2 : A day is your life in miniature

Someone has expressed it so beautifully that a day is our life in miniature. How many time have we focused on the day we live. Most of the people in the world love to live in past or future. A day has no place in their imagery. Today is the only reality in life and we live only in today. We are dead in yesterday and virtual in tomorrow. I always mention at home that do not worry as I am never going to die tomorrow . It does not mean that I am taking about immortality, rather I am validating the fact that both life and death are function of today only. All our responsibilities could only be shouldered by acting today. Do not worry at all about tomorrow as it will never come in your life. In your life only today will come (believe you me it is a fact). So why to waste time on something which will never come ? Have a micro list of activities ready for the day , finish them and that is all. The only thing to be checked is that this list has linkage to your weekly, monthly, annual, life goals. Try it out it works and take all stress out of your life.

Forgetting past after keeping the lesson is also equally important. You can not get wet by yesterday's rain but all of are so drenched that even coming out in real life gest so difficult at times. Last lesson has more to do with our biggest problem and the word which we use almost every hour i.e stress.

Lesson 3 : Stress is an involuntary outcome

Your work, responsibilities, environment, financial, status, education, etc have nothing to do with the stress. Stress is an automatic response of our sub conscious mind to the commitments and promises not kept. Say you promise someone at office that a particular job will be completed by Tuesday 11 AM and you couldn't deliver it by that time due to any reason. Now you have all the reasons for the incompleteness of that job but your subconscious has already set an alarm for 11 AM for that promise to be delivered. On finding that the job has not been done by the promised time our body start to react against the non accomplishment of the job. This reaction will start draining all your energy subconsciously to remind you about your commitments. At our end we feel that all is well but internally that stress would keep on building and at the end we will get completely burnout.

So what is the solution. It is very simple, just renegotiate with your system and get another time for submission by informing others. Say if you are getting late for a meeting or any important report's submission then just inform other person in time and take another time. This way our subconscious mind will realign itself to the next commitment and you will be free from any negative reaction.

All great happenings in my life in last 4 years have been the outcome of these three lessons. I will be sharing more with you in next edition.

It is just a beginning.” Picture
abhi baaki hai mere dost ! 😊

You may contact me at the following coordinates

Feel free to come over for a cup of tea at my office and share
all your achievements and journey in life.

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*“I will be waiting for
your own sharing of
lessons, journey or just
anything”*